CELEBRATING 25 YEARS OF COMMUNITY SERVICE

JANUARY ■ FEBRUARY 2013

For the Love of Dogs...

RICHARD WALLIS' TRIBUTE TO AMERICA'S SERVICE AND THERAPY ANIMALS

Veterinarian Richard Wallis is well known to many of us as our dog's best friend. Using his excellent diagnostic skills, Dr. Wallis has been able to improve the health of many of our dogs. He also happens to be our featured speaker on Wednesday, January 23rd, at 5:00 p.m. We are certain that this program will have enormous appeal for any pet-loving resident of our dog-friendly town.

Dr. Wallis' book, *They'll Be There...A Tribute to America's Service and Therapy Animals*, provides some insight into the topic for our program. In his book, Dr. Wallis illustrates how animals provide humans with emotional and physical wellbeing. Wallis provides a comprehensive tribute to service and therapy animals whose commitment and dedication take the word "companion" to a new level.

Drawing on 50 years' experience in veterinary medicine, Dr. Wallis' appreciation for these special animals is captured in detailed stories in which he describes the numerous ways animals and humans are friends and have come to interact to the benefit of both.

Touching on themes of companionship and comfort, *They'll Be There...* focuses on the roles animals play in our world. Whether as guides for those with disabilities, in the role of search and rescue, or the facilitation of human labor and wellbeing, we learn how animals enrich our lives and we come to a deeper understanding and appreciation of the human-animal bond.

Richard Wallis has had an exemplary career. After graduating from the University of California at Davis School of Veterinary Medicine in 1958, he went to work for one of the largest veterinary practices in the Los Angeles area. After seven years, he moved his family to Monterey to start his own mixed-animal practice. He remained in practice for 43 years until his retirement in 2008. While in Monterey he cared for many service animals, both large and small.

His work with the Kiwanis Service Club in Sherman Oaks was primarily helping physically and mentally disabled children and using therapy dogs as an inspiration and aid. In addition, he wrote monthly articles entitled, "Veterinary Views", for a large daily newspaper in San Fernando Valley. The articles dealt with a wide range of diseases in animals, especially those that could affect human health. Today's veterinarians are in the unique position of being the only doctors educated to protect the health of both animals and humans.

While in Monterey, he co-founded the Monterey Salinas Veterinary Emergency and Critical Care Center, and hosted a local television program, "For the Love of Animals," that aired for over a year.

At the present time Dr. Wallis is vice president and an active board member of Animal Welfare Information and Assistance, Inc., headquartered in



Carmel Valley. Its mission is to aid individuals who are not financially able, with both food and medical care for their service, therapy, and companion animals.

PLEASE NOTE: Our general meeting day has been changed from Thursdays to Wednesdays because of increased activity at City Hall and in the village. Always be sure to check the CRA NEWS for day, date, time and location of our membership meetings. Thank you!

Meeting

WEDNESDAY · JANUARY 23

Speaker: Richard Wallis Time: 5:00 pm

Location: Vista Lobos Meeting Room

(3rd Ave. between Junipero & Torres)
"For the Love of Dogs"





THE GIFT OF HISTORY

When you understand the history of a place, you are more likely to respect and preserve it.

Barbara Livingston

If we want to learn about the history of Carmel-by-the-Sea, where would we go? Why, to the Local History Room at the Park Branch of the Harrison Memorial Library located across the street from Devendorf Park. There we will find local history librarian, Ashley Wright, Tuesday through Friday from 1-5 pm. She is ready to lead us to the papers, books, photos and artifacts that inform us about this glorious place we call home.

Ashley has kindly provided us with a list of books pertinent to our village.

My favorite, to which I always steer friends, newcomers and aspiring candidates for political office, is Harold & Ann Gilliam's *Creating Carmel*. This is essential Carmel reading. My personal copy is dog-eared and pock marked with Post-It notes.

Other recommended books are:

A Tribute to Yesterday,
by Sharon Lee Hale
The Seacoast of Bohemia,
by Franklin Walker
Carmel at Work and Play,
by Daisy Bostick and Dorothea Castelhun
Carmel: A History in Architecture,
by Kent Seavey
Old Carmel: In Rare Photographs
by L.S. Slevin,
by Sharon Lawrence, Kathryn Prine,

Ashley assures us that these are all available for checkout at the main library, or you can just come in to the local history room to reference them. Better yet, buy your own copies at Pilgrim's Way bookstore on the east side of Dolores

and Laura Bradley Hamilton

Street between 5th & 6th. Of course, we mustn't forget that there are many delightful books about our quintessential cottages with gorgeous photographs available for sale or checkout.

Another source for understanding Carmel is the video, "Don't Pave Main Street," featuring Clint Eastwood and Doris Day. The title for this fascinating video was taken from Perry Newberry's mayoral campaign slogan, "If you want to pave Main Street, don't vote for me!" At that time, Ocean Avenue was unpaved and candidate Newberry wanted to keep it that way. He won his election but lost the fight to keep Ocean Avenue unpaved.

Narrated by Eastwood, the video gives us a good picture of the Bohemian artists, writers and college professors who, when displaced by the 1906 Great Fire and Earthquake of San Francisco, came and settled in our village. This video is available for purchase from the Carmel Heritage Society at the First Murphy House located diagonally behind the main library at Lincoln & 6th. First Murphy House is open Wednesday through Saturday from 1-4 pm.

The Carmel Heritage Society is also another good resource for photos and books relevant to the history of Carmel.

Of interest to readers might be the booklet published by The Carmel Residents Association, *Everything You Need to Know About Carmel-by-the-Sea from A-Z.* This booklet is helpful in understanding that Carmel-by-the-Sea is a special place and that it got that way on purpose. Undertaken as a service to

the community, the booklet is free and available for the asking. For copies, email carmelresidents@gmail.com, or send a note to CRA, P.O. Box 13, Carmel, 93921.

Armed with all of this information, go and learn about the fascinating history of our village in the forest by the sea!

EITIZEN OF THE YEAR *

Carmel Residents Association cordially invites you to attend a community-wide party in honor of our 2012 Citizens of the Year, Roberta and Monte Miller.

Recognized for their devotion to our city government, residents and businesses, they are known as "Mr. and Mrs. Carmel."

The party will be held on Sunday, February 24th, 3:00 pm at the Carmel Woman's Club on San Carlos at 9th. Mayor Jason Burnett will have the pleasure of introducing Roberta and Monte Miller to the appreciative audience.

Former Citizens of the Year will be recognized and awards presented to the Millers by Mayor Burnett, Supervisor Dave Potter, Assemblyman Mark Stone, State Senator Bill Monning, and Congressman Sam Farr or their representatives.

Michael Jones of A Moveable Feast will cater this celebratory event.
Refreshments will include wine, appetizers and delectable cake provided by Patisserie Boissiere. The event is free and open to the public.

Living in Harmony with Nature

A GUIDING GOAL FOR PRESERVING THE NATURAL BEAUTY ALL AROUND US



Aldo Leopold said, "We shall never achieve harmony with the land, anymore than we shall achieve absolute justice or liberty for people. In these higher aspirations the important thing is not to achieve but to strive."

Those of us who live in Carmel understand that there are few places on this earth where nature and its absolute beauty are more closely woven into the fabric of our everyday lives. For generations, our village has strived to live in harmony with nature, and this worthy effort continues to be a guiding goal of our city today.

An abundance of nature surrounds us. Carmel is a village for pedestrians. It cries out to be walked through – slowly – so that we notice the arching trees, the towering pines and cypress and the gnarled branches of our oak trees, the charming cottages built around the trees with rustic landscaping. Our community is built on a human scale consistent with our natural surroundings. We even have a park, Piccadilly, in the midst of the business district, where the shops are small, with lovely wood signs and charming courtyards to explore.

If you want to be miles from civilization, take a walk through Mission Trail
Nature Preserve. Often the only sounds are the chirps and trills of birds or the scampering of a squirrel. It is hard to understand how this park remains such a well-kept Carmel secret.

And, of course, Carmel's crown jewel is its white sand, a mile-long beach bordered by wind-swept cypress. Carmel Beach is a gift to residents and visitors alike. It can be enjoyed from the rustic beach bluff pathway or by walking by the water. It is the go-to place for Carmel dogs – young, old, large or small – where they frolic off leash with rarely an argument, while their owners chat or watch for whales, porpoises and pelicans. The Carmel Residents Association is proud that for more than 20 years our volunteers have met monthly to pick up litter and charcoal.

All of our decisions and actions will determine whether or not Carmel's natural beauty is protected.

The original residents of Carmel were artists, poets and writers, drawn by the natural beauty, a perfect subject for their creative talents. Since that time, each generation of Carmelites has understood that the stewardship of this uncommon place rested in their hands. It now falls onto us to maintain the legacy of those who came before us.

All of our decisions and actions will determine whether or not Carmel's natural beauty is protected. Understanding what makes up our community character and quality of life allows us to work as hard as we can to ensure that these will be sustained. Every decision should be made only after

first asking: Will this enhance or harm Carmel's village character? We not only must pay attention and speak out when necessary, but also take the time to welcome new residents and help them understand what it is that makes this village remain so special.

Striving to live in harmony with nature remains a guiding goal for the city today. We greatly appreciate the efforts of our City Council to lead in the stewardship of Carmel. In their list of goals adopted last January, the first of four objectives on which the city will focus is Community Character. To fulfill this objective, the City Council intends to 1) "Preserve the community's beach, parks, public spaces and forest assets by having thoughtful policies, public dialogue, and active partnerships with community groups and strategic partners; 2) Preserve and maintain village character through clear land use policies, appropriate zoning regulations, detailed design guidelines, and equitable and consistent code compliance; and 3) Promote community cleanliness to protect, conserve and enhance the unique natural beauty and resources of the village."

With the clear dedication of so many Carmelites to strive for harmony with nature and the dedication of our City Council to the pursuit of making this a reality, the future that we will leave for the next generation seems bright and hopeful. Maybe we can exceed Aldo Leopold's expectations.

Roberta & Monte Miller committed to our community!



The CRA has chosen you as 2012 Citizens of the Year. In fact, whether or not you're aware of it, many villagers think of you as Mr. and Mrs. Carmel. So, what do you have to say for yourselves?

R. I'm not sure that title fits. Our enthusiasm for living here is certainly apparent. We are interested in so many of the pleasures of life in this village. We're grateful for the recognition, but grateful too for being a part of Carmel – as beautiful a place as one could find to live.

What brought you to Carmel? What was your life before Carmel?

M. I'm from Seattle and attended the University of Washington. I joined the Air Force where I trained to be a fighter pilot and also was sent to the University of Oklahoma to obtain an engineering degree. When I wasn't flying, I was developing advanced guidance missile systems. On my combat tour in Vietnam I was a Forward Air Controller. After military retirement, I worked for Aerospace Corporation, a technical consultant to the Air Force Space Division. We then retired to Lake Tahoe and eventually settled in Carmel.

On a November day when rain threatened, we ventured out for coffee on invitation by Monte and Roberta Miller to the Miller house on Torres. We chose the dining room overlooking the garden for our interview. In their very forthcoming answers, what we really learned is how much the Millers genuinely love Carmel.

R. I was raised in San Diego, graduated from UCLA, and taught at an elementary school in Torrance. We lived in Rancho Palos Verdes with our five children who have given us the best gift of all: 14 grandchildren and four greatgrandchildren.

While in Tahoe, friends sent us copies of the Carmel Pine Cone. This enticed us eventually to move to Carmel. Unlike Tahoe, we can walk everywhere and enjoy a town with natural beauty, charm, a good library, a nearby college and numerous cultural activities.

You're both very interested and involved in civic affairs. Is it true that you've attended almost every City Council and Planning Commission meeting for the past 12 years?

R. Yes, that's about right. As CRA board members, we attended those meetings to speak about and support issues of interest to CRA. It's important that our viewpoint be heard. Along with other volunteers, we stood at the post office getting petitions signed to place Bill Bates' cartoons back on the post office walls. Monte spearheaded a campaign to get Carmel's Building Official John Hansen's benefits reinstated while he was serving in Afghanistan. We also supported our special elections by handing out flyers and making phone calls.

You have both served on the CRA Board of Directors and are both past presidents. Tell us what those experiences were like.

R. It was very rewarding to serve. We participated in many activities, including Candidates' Forum, August BBQ, general meetings, Dines Out, and Holiday Gala. Our objectives were to keep CRA

traditions alive, to be good stewards so our world-class city, beach and urban forest, historical downtown and wonderful cottages are preserved for future enjoyment.

Do you support local shops and restaurants?

R: We shop locally for most of our needs, including food.

M: And we dine in Carmel restaurants as often as three times a week.

Some thoughts about village character: Is the current administration on the right track in preserving and enhancing that special character that has the admiration of so many residents and visitors?

M: Carmel is in good hands with our current mayor, City Council, commissions, and boards. We have many committed volunteers dedicated to city tasks. This is a well-run village.

What in your opinion is the most compelling issue facing this village today, both in government and aesthetics?

M: Water, certainly. We must continue to enforce code compliance. It is essential to preservation of Carmel's character. The small town atmosphere can be compromised if we're not careful. R: Carmel will endure. The CRA will endure. Let's continue to preserve and enhance this lovely village so Carmel will remain a wonderful place to live.

Thank you, Roberta and Monte, and congratulations on your award for Citizens of the Year. The CRA and Carmel townspeople salute you and are grateful for who you are and what you do for this village.

Charles Lindbergh:

PILOTING A GLIDER IN THE CARMEL HIGHLANDS

Today, Charles Lindbergh is mostly remembered for his pioneering 1927 solo flight from New York to Paris. But that feat was only one of many notable contributions to the art and science of aeronautics – among them innovations in the design and use of gliders.

Lindbergh came to the Monterey
Peninsula in March 1930, apparently to
look for sites for launching glider flights.
His visit is documented in accounts
in *The Carmel Pine Cone, The Monterey*Peninsula Herald, and the WPA Historical
Survey of the Monterey Peninsula (all
available in the Local History Room of
the Harrison Memorial Library), and
online in the blog Charles Lindbergh, An
American Aviator. The reports are sketchy
and somewhat inconsistent, but together
they tell an interesting story.

On March 5th, Charles and his wife Anne checked in at Del Monte Lodge. To divert the attention of curious reporters, they denied their visit was to serve any special purpose. Nevertheless, Charles spent the next several days surveying the hills south of Carmel, searching for optimal sites for launching glider flights.

At the port of San Francisco, simultaneous with the Lindberghs' arrival on the Monterey Peninsula, a Bowlus glider was disembarking from a Southern California ship. Jack Barstow, Charles' associate in several glider ventures, towed the Bowlus to the Peninsula and stored it in a garage at Del Monte Lodge.

Reports differ as to whether Lindbergh completed several glider flights or only one. The launching point he selected is variously described as "a San Remo hilltop just below the Highlands," and a "Carmel Valley hill where Stuyvesant Fish's home is located, south of Carmel River and just east of Highway 1."

A *Pine Cone* account says he "glides about the hills of Carmel Highlands and presumably awaits wind conditions that will permit a more extended flight than he has had to date." The same article reports, "A recent flight lasted 70 minutes. Had he chosen, Lindbergh could have glided down to a landing in the middle of Ocean Avenue."

Lindbergh's most frequently mentioned flight is described best in the report from the WPA Historical Survey of the Monterey Peninsula. "After surveying the hills back of Carmel coast, he chose the heights of the Sidney Fish ranch. Eight men were chosen to tow the glider as rapidly as possible to a ridge and then Lindbergh taking advantage of the wind soared up and over the countryside... Because the wind was insufficiently strong, Lindbergh could not stay in the air. He brought his craft down on a homesite about three miles below the Highlands Inn."

It seems likely that Lindbergh was not merely engaged in a casual exploration of the area's promise as a site for launching gliders, but that he hoped to set a new record for gliding. He released enough word-of-mouth publicity so that many people gathered to witness the flight described in the WPA report, including cameramen from Universal Studios. A member of the National Aeronautics Association installed an officially sealed barograph in the aircraft, because data from this instrument were required to support any claim of establishing a new record. The most plausible conjecture is that the flight was intended to end in Santa Barbara, which would have set a new distance record for gliders, but unfavorable air currents defeated the plan.

Apparently, for reasons that remain unknown, he abandoned his interest



Portrait of Charles Lindbergh from the Harris and Ewing Collection, Prints and Photograph Division, Library of Congress.

in promoting (in the words from *The Pine Cone*) "the terrain near Carmel" as "peculiarly adapted to sailplane flying." There are no reports of any future attempts by Lindbergh to launch glider flights from sites in this area.

Though she did not participate in flights from the Highlands, Anne was also a glider pilot. She was, in fact, the first American woman to achieve a glider pilot's license. There is no evidence that Charles ever returned to the Monterey Peninsula after his 1930 visit, but, particularly later in life, Anne often stayed at the home of her brother, Dwight Morrow, a dairy rancher in Carmel Valley.

Anne captured the sensation of glider flying in a poem published in her collection, *The Unicorn and Other Poems*:

Free as a gull
Alone upon a single shaft of air
Invisible there,
Where
No man can touch
No shout can reach



■ CRA GENERAL MEETING

Wednesday, January 23rd, 5pm Vista Lobos (Torres between 3rd and 4th) Dr. Richard Wallis Free and open to the public

■ CARMEL E-WASTE COLLECTION

Saturday, January 19th, 10am-2pm Vista Lobos parking lot

■ CRA MEMBERS BEACH PARTY

Sunday, January 27th, 5pm at the 13th Ave. stairs. Fire, songs and S'Mores provided! Bring your own picnic, drinks and flashlight (see article)

■ CITIZEN OF THE YEAR

Sunday, February 24th, 3pm Carmel Woman's Club, San Carlos and 9th Free and open to the public

■ CITY COUNCIL MEETINGS

Tuesday, January 8th and February 5th All meetings 4:30pm. City Council Chambers.

ONGOING CITY MEETING DATES:

All held in City Council Chambers, Monte Verde between Ocean and 7th. Check with City Hall for updates. http://ci.carmel.ca.us/

City Council, 1st Tues., 4:30 pm
Forest and Beach Commission,
1st Thurs., 1:30 pm
Planning Commission, 2nd Wed., 4 pm
Community Activities and Cultural
Commission, 2nd Tues., 9:30 am
Historic Resources Board, 3rd Mon., 4 pm
Library Board of Trustees, 4th Wed., 9 am

Please see the CRA's website for the schedule of meetings and events. **www.carmelresidents.org**

Council meeting TV broadcast: the Sunday after the meeting, 8:00 am-noon, Channel 26.

News & Dues

A MESSAGE FROM OUR TREASURER KEVIN D'ANGELO

Do you know how our membership dues are spent? Dues are only part of what keeps the organization running.

The money collected from CRA membership dues supports our community outreach (with various *Pine Cone* ads), our philanthropic activities (Summer Reading and Scholarship Programs), city activism outreach, numerous member events, and our newsletter communication.

Membership dues only cover about half of these annual expenditures. The remaining costs are covered by generous donations from our members, in the form of \$100 benefactor memberships, \$1,000 life memberships, and larger donations. Along with fundraisers, these gifts have allowed us to maintain the high quality standards you expect from the CRA, and to plow resources back into our community.

Another way you can help us defray costs happens to be right in your hands! Our newsletter is a significant, and worthy, chunk of our yearly costs. Five times a year, we mail out our printed newsletter, with a significant portion of our funds going to the US Postal Service. We also publish it online at our website www. carmelresidents.org.

While many of you prefer and enjoy a mailed print version of the newsletter—there must be some of you who would prefer to save the paper and postage. If you would be willing to opt out of the hard copy version for the online version, it would help the CRA greatly. To opt out, please notify me at kevin@ baronanddangelo.org.

We will be working to provide blanket distribution of the newsletter through e-mail as we do with other useful information. Once you have opted out, we will notify you via e-mail when a new newsletter is available. Of course,

even if you opt for online receipt of the newsletter, we will still mail the January membership issue to you so you can help us keep things running by renewing your valued membership!

January is now the date to renew your membership.

Recently I discovered that only a few members know the term dates for a basic yearly membership. For a long time now, the membership year has been from June to May. (This confusion may explain why we received so many membership renewals after the Sept/Oct newsletter mailing. There was a box for renewal on the envelope, and we apologize for any misunderstandings we may have caused).

For those who sent membership renewals in response to the last newsletter, we will apply your payment to the 2013 year. We are changing our membership term from a fiscal year to a calendar year, and we hope the change will make it easier for all to remember. Under our new system, January is now the renewal time for existing members. As a result of the six-month shift, if you are in good standing, you may elect to pay half of the membership fee. If you elect to pay the full membership, your gift of half a year's fee would be greatly appreciated and put to good use.

New members are free to join at any time during the year. To all of our members, we thank you for your continued support, and making it possible for the CRA to continue to contribute to our beautiful and remarkable little village in the forest by the sea!

THANK YOU!!!

We wish to acknowledge that Helga Marty made a Benefactor contribution "in honor of the memory of Albert Marty."

CRA BEACH PARTY

SUNDAY, JANUARY 27TH, 5PM

JOIN US FOR A WINTER WONDERLAND BEACH PARTY!



The only way to celebrate winter in Carmel is on our white sand beach!



Bundle up, gather your favorite food and beverage, and meet at the foot of the 13th Ave. stairs (note the new location).

Flashlights are essential! CRA will provide the usual: songs, S'mores and a cozy fire in that nifty fire basket.

MOTHER NATURE'S FACTS FOR JANUARY 27TH: Low tide is at 4:47pm, sunset at 5:28, and moonrise at 6:25.

To take a turn helping with this event, contact kathyfred07@comcast.net. Your participation would be most welcome. We started the beach parties in June,

A HAIKU POEM

by Henry Kou Carmel Middle School, 8th grade

A Carmel Morning.

In my dark bedroom, I hear chattering squirrels scampering of their small feet, split second silence.

A whoosh from the back yard oaks the swift squirrels have landed.

CALLING ALL MEMBERS... DO YOU HAVE IT? WE COULD SURE USE IT.

If you like the idea of helping the CRA a little at a time without a big commitment, we want you! We need members with office skills to step forward to help for a few hours at a time and help keep us organized and efficient! It's a challenging job for one or two people to keep track of nearly 600 members and many events, but our idea is to divide some of our association's tasks into smaller tasks to be shared.

For example: public relations, publicity, photography, finance, membership, writing, help with articles for CRA NEWS, setting up for meetings, handing out stuff at the Post Office. Not a big commitment but one project at a time. We use Microsoft Word and Excel.

To offer some of your time and all of your talent, please contact President Barbara Livingston, green.gardens@att.net, or Kathy Fredrickson, kathyfred07@comcast.net.

Now, getting back to the idea of being a Board member! Of course, we all want board members with enthusiasm and the willingness to share talent. If you are interested this year, you are most welcome to identify yourself to Dick Stiles, our Vice President and head of the nominating committee. His email: dickbarbstiles@yahoo.com. Elections are in the spring.

Now is the time to decide. **DO YOU HAVE IT? WE COULD SURE USE IT!**

A TASTE OF TUSCANY - LA BALENA CUCINA TOSCANA

Word has been spreading fast about a great new restaurant that opened in November. Situated on Junipero in the courtyard, La Balena has many locals taking notice. Owners and Carmel residents Emanuele and Anna Bartolini have been in Carmel for two years having moved from New York where he worked for celebrity chef Mario Batali. Emanuele, originating from Florence, has teamed with Naples-born, Italian-trained Chef Salvatore Panzutto to provide simply-prepared, rustic Italian food like you would find in Tuscany. Emphasis is placed on fresh, locally-sourced and sustainable ingredients. Locals have quickly embraced Carmel's newest restaurant, so be sure to call for reservations.

La Balena Cucina Toscana • Junipero Street, west side between 5th and 6th 831-250-6295 • Dinner: Tues-Sun 5-10pm

WHAT IS CRA ALL ABOUT?

The Carmel Residents Association is committed to the protection and enrichment of the traditional quality of life in Carmel-by-the-Sea and the preservation of its heritage and natural beauty through education, community activities and advocacy.

BECOME A MEMBER!

It's easy to become a member of the Carmel Residents Association.

- Visit us online: www.carmelresidents.org
- or email us: carmelresidents@gmail.com
- or call us: **626-1610**

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Editorials Guest writers
President's Message Favorite Places

Kathleen and Barry Swift
Guest writers

Barbara Livingston

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CARMEL RESIDENTS ASSOCIATION

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The CRA Board wishes to assure our members that we do not sell, trade, lend or in any other way share our mailing list with any organization or company. This list is held in the strictest confidence for our organization's use only.





MEMBERSHIP RENEWAL IS NOW!

Membership terms are now based on the calendar year, making it easier for everyone to remember. Starting in 2013, January is the time to renew your CRA membership. Please see the article on page 6 for more details about this change along with other membership news.

ARE YOU PREPARED?

Keeping the lessons of Hurricane Sandy in mind, we offer our earthquake preparedness article and checklist as a service to our community.

CERTIFICATES OF APPRECIATION!

At our December meeting, the CRA presented Certificates of Appreciation to the Carmel Cleaners and to the Surfriders Surfabout for their longtime service and contribution to our community.

SOME OF OUR FAVORITE PLACES

CARMEL MUSIC BOX COMPANY Bob and Mary Condry took their antique German revolving Christmas tree stand into the Carmel Music Box Company because its music box kept getting "stuck" on Silent Night! Mary said, "We were welcomed warmly and shown around this charming shop, while our tree stand/music box was being well taken care of. The young couple who examined and tweaked our old family heirloom were absolutely delightful and generous with their time and attention." Visit them on Lincoln near Ocean!

PATISSERIE BOISSIERE • If you have the will power to tear yourself away from the tempting pastries at the entrance of Patisserie Boissiere, you will discover a charming small, European-style cafe offering lunch and dinner. Owner Magdy Ibrahim, a CRA member, oversees a smoothly-run kitchen with a mouthwatering menu. Especially nice on overcast or drizzly days, the cafe offers a cheerful, warm ambiance. And don't forget, you can stop in at any time for coffee and one of those delectable pastries. The CRA is grateful to Magdy for his years of generosity, providing us with a huge, delicious, beautifully decorated cake for our Citizen of the Year celebrations.

Patisserie Boissiere • Carmel Plaza, Mission Street, south of Ocean Avenue 831-624-5038 • Open daily 11:30am-4:30pm / Dinner: Wed-Sun 5:30-9:00pm

ARE YOU PREPARED?

In Wake of Sandy, City Urges Residents to Prepare for Disaster REPRINTED FROM THE CARMEL PINE CONE

The city council hosted a special workshop Monday to help residents learn how to be ready for and respond to emergencies. Representatives from the city's police, fire, public works and forestry departments, as well as the local chapter of the American Red Cross, provided advice on everything from developing escape routes and compiling first aid kits, to registering contact information for emergency notification and knowing the location of the closest market with power during a blackout. In general, they advised residents to not wait to develop a personal plan that can be implemented in the wake of a severe storm, fire, tsunami, or other natural or humancaused catastrophe.

Residents should be prepared to take care of themselves in case emergency help isn't available for a few days, should know the best way to get out of town or reach high ground, and should develop means of letting loved ones know where they are. Families should also establish a meeting place, in case they become separated in the chaos following a disaster. Furthermore, each home should contain a first-aid and emergency kit. The Red Cross sells pre-made first-aid kits and also offers advice to people who want to compile crucial items that will help them survive during a disaster.

Recommended items for an emergency kit include water, nonperishable food, a can opener, a working flashlight, a battery-powered or hand-crank radio, extra batteries, a complete first-aid kit, a seven-day supply of medications, a multi-purpose tool, sanitation and personal hygiene items, copies of personal documents and identification, cell phone with chargers, family and emergency contact information, extra cash, an emergency blanket and local maps. People with cats, dogs or other pets should have a stash of supplies for them, too. Complete information, including the details of what a first-aid kit should contain, can be found online at www. redcross.org.

City forester Mike Branson advised property owners to stay on top of their tree maintenance, getting rid of dead branches, those that constantly hit part of a house during storms, and sick trees that could fall and damage property or injure someone. The city will issue emergency tree-removal permits when needed, and Branson said people should have arborists examine trees they believe are unhealthy.

Public works superintendent Stu Ross reminded people they can fill sand bags as needed from the pile of supplies located behind the Carmel Youth Center at Torres and Fourth. Carmel Police Sgt. Paul Tomasi explained the emergency

command systems and how they operate so firefighters, police officers, paramedics and other responders can communicate and work together during a widespread incident, and he also recommended people register their contact information in order to receive emergency notifications. While residents with land lines will be automatically called, those using only cell phones or email can sign up at www.alertmontereycounty. org to ensure they receive crucial information during an emergency or disaster, too.

After the meeting, in response to an attendee's question, CPD Sgt. Mel Mukai compiled a list of nearby gas stations and markets that can operate on generator power during a blackout. Carmel Alliance (formerly Chevron) at Junipero and Fourth has a generator powerful enough to run its pumps, as does the Lemos 76 at Carmel Valley Road and Carmel Rancho Boulevard. The Shell station in town, as well as the Shell and Chevron on Rio Road, do not.

For food and other supplies, Bruno's Market & Deli at Junipero and Sixth has a small generator, Nielsen Bros. Market at San Carlos and Seventh has a turbine generator that will fully support all store functions, and Safeway at the Crossroads could operate minimally during daylight hours with generator power, while Save Mart on Carmel Rancho would only have enough power for safety, but not to preserve perishables. "Keep in mind this is just a partial list — it only focuses on businesses in our city and within immediate proximity of the city," Mukai said when he disseminated the list the day after the workshop.



Preparing Your Household for Emergencies

Government agencies will respond to community disasters, but the fact remains that citizens may be on their own for hours, even days, after disaster strikes. Citizens are advised to be prepared to take care of themselves for at least three days.

Before disaster strikes

- Have water (preferably in plastic jugs) and canned or non-perishable food (and manual can opener) that does not require cooking.
- Learn first aid and CPR. Have a first aid kit and first aid manual and needed medicines for family members.
- Have blankets or sleeping bags, and plastic sheets or other materials to repair your home or to improvise shelter.
- Have a flashlight with extra bulbs and batteries.
- Have a battery-powered portable radio with extra batteries.
- Have a covered container for a toilet and extra toilet tissue.
- Have a fire extinguisher and know how to use it.
- Learn how to turn off the gas, power, and water in your home.

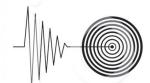
During an emergency or disaster

- Keep calm, take time to think, give assistance where needed.
- Turn on your radio for official information and instructions.
- Use the telephone only for emergency calls.
- If requested to evacuate, take your emergency supplies and go to a safe location or a temporary shelter as directed by officials.

After the emergency or disaster is over

- Use caution in entering damaged buildings and homes.
- Stay away from damaged electrical wires and wet appliances.
- Check food and water supplies for contamination.
- Notify your relatives that you are safe. However, don't tie up phone lines because they are needed for emergency calls.
- If government disaster assistance is available, the news media will announce where to go to apply.

Washington Military Department Earthquake Checklist Courtesy of Police Chief Michael Calhoun of the Carmel Police Dept.



For additional information regarding Earthquake Preparedness, please read the Earthquake Checklist Booklet from FEMA at: www.fema.gov

WASHINGTON MILITARY DEPARTMENT



Emergency Management Division

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